

PLANNER PSYCHOLOGY- XI (2023-24)

Month/Days	Working Days	Content	Teaching Pedagogy /Home Work /Assignment	Interdisciplinary Aspect/ Practical/Project
July (25 Days) 1st July to 15th July (12)	12	Unit-1 What is Psychology? 1. Introduction 2. What is Psychology? Psychology as a Discipline Psychology as a Natural Science Psychology as a Social Science 3. Understanding Mind and Behaviour 4. Popular Notions about the Discipline of Psychology	Constructive Method	Sociology, Cultural and Ethnography
16th July to 31st July (13)	13	5. Evolution of Psychology 6. Development of Psychology in India 7. Branches of Psychology 8. Psychology and Other Disciplines 9. Psychology in Everyday Life	Assignment on Intelligence, Read Intelligence testing of Binet Model from Other Sources	
August (24 Days) 1st Aug to 15 Aug (10)	11	Unit- II Methods of Enquiry in Psychology Introduction 2. Goals of Psychological Enquiry Steps in Conducting Scientific Research, Alternative Paradigms of Research 3. Nature of Psychological Data 4. Some Important Methods in Psychology Observational Method Experimental Method Correlational Research Survey Research Psychological Testing Case Study	Exposures of Psychological Tests of Intelligence, Constructive Method	Developmental Assessment, Intelligence Testing,
16th Aug to 31st Aug (14)	13	5. Analysis of Data Quantitative Method Qualitative Method 6. Limitations of Psychological Enquiry 7. Ethical Issues	Integrative Method	Social Studies Subjects, Chemistry, Biology
September (21 Days) 1st Sep to 15 Sep (11)	11	Unit - IV Human Development -Human Development The topics in this unit are: 1. Introduction 2. Meaning of Development Life-Span Perspective on Development 3. Factors Influencing Development 4. Context of		Sociology, Cultural and Ethnography
16 Sep to 30 Sep(10)	12	5. Overview of Developmental Stages Prenatal Stage Infancy Childhood Challenges of Adolescence Adulthood and Old Age	Practical Administration, Inquiry Based Learning	Career Orientation, Self Awareness

October (21 Days) 1st Oct- 15 Oct (9)	10	Unit V Sensory, Attentional and Perceptual Processes Introduction 2. Knowing the world 3. Nature and varieties of Stimulus 4. Sense Modalities ☐ Functional limitation of sense organs 5. Attentional Processes ☐ Selective Attention ☐ Sustained Attention	Integrative Method	Physics Principals
16 Oct to 31 Oct (11)	9	6. Perceptual Processes ☐ Processing Approaches in Perception 7. The Perceiver 8. Principles of Perceptual Organisation 9. Perception of Space, Depth and Distance ☐ Monocular Cues and Binocular Cues 10.Perceptual Constancies 11.Illusions 12.Socio-Cultural Influences on Perception	Practical, Constructive Method	Perception and Belief , Social Science
November (24 Days) 1st Nov to 15 Nov (11)	9	Unit - VI Learning 1. Introduction 2. Nature of Learning 3. Paradigms of Learning 4. Classical Conditioning ☐ Determinants of Classical Conditioning 5. Operant/Instrumental Conditioning ☐ Determinants of Operant Conditioning ☐ Key Learning Processes	Discussion and Exploration	Discussion of Life Style of Students, Learning Habits and Styles
16th Nov to 30 Nov (13)	12	Observational Learning 7. Cognitive Learning 8. Verbal Learning 9. Skill Learning 10.Factors Facilitating Learning 11.Learning Disabilities	Psychological Testing, Practical of Intelligence, Demonstration and Constructive	Skill Development
December (23 Days) 1st Dec to 15 Dec (11)	12	Unit- VII Human Memory -1. Introduction 2. Nature of memory 3. Information Processing Approach : The Stage Model 4. Memory Systems : Sensory, Short-term and Longterm Memories 5. Levels of Processing	Demonstration and Constructive	Real Life Examples

16th Dec to 31st Dec (12)	13	6. Types of Long-term Memory ☐ Declarative and Procedural; Episodic and Semantic 7. Nature and Causes of Forgetting☐ Forgetting due to Trace Decay, Interference and Retrieval Failure 8. Enhancing Memory ☐ Mnemonics using Images and Organisation Unit-IX Motivation and Emotion -1. Introduction 2. Nature of Motivation 3. Types of Motives ☐ Biological Motives ☐ Psychosocial Motives 4. Maslow’s Hierarchy of Needs	Integrative Approach	Culture, Biology, Neurology
January (14 Days) 1st Jan to 15 Jan	NA	Project Activities		
16th Jan to 31 Jan	13	5. Nature of Emotions 6. Expression of Emotions ☐ Culture and Emotional Expression ☐ Culture and Emotional Labelling 7. Managing Negative Emotions 8. Enhancing Positive Emotions Unit- VIII Thinking - 1. Introduction 2. Nature of Thinking ☐ Building Blocks of Thought 3. The Processes of Thinking 4. Problem Solving 5. Reasoning 6. Decision-making 7. Nature and Process of Creative Thinking ☐ Nature of Creative Thinking ☐ Process of Creative Thinking 8. Thought and Language 9. Development of	Integrative Approach	Culture, Biology, Neurology
February (12 Days) 1st Feb to 15 Feb	1			

		Practical (Projects, experiments, small studies, etc.) 30 marks The students shall be required to undertake one project and conduct two experiments. The project would involve the use of different methods of enquiry like observation, survey, interview, questionnaire, small studies related to the topics covered in the course (e.g. Human 60 Periods development, Learning, Memory, Motivation, Perception, Attention and Thinking). Experiments could focus on cause-and-effect	Demonstration and Constructive	
		? Practical (Experiments) file 05 Marks ? Project File 05 Marks ? Viva Voce (Project and experiments) 05 Marks ? One experiment (05 marks for conduct of experiment and 10 marks for reporting) 15 Marks Total 30 Marks		